



Clinical Nutrients in Asthma

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Asthma is the most common chronic disease affecting all ages and is a major public health problem. Conventional medicines are not successful in managing the condition. Moreover they are expensive and are associated with dangerous side effects.

We conducted a pilot clinical trial on asthma patients 45-72 years old. The patients were given a specific combination of micronutrients over a period of three months and their respiratory health was monitored by evaluating lung function test results. Lung volume was measured by testing the maximal volume of exhalation after maximum inhalation.

At the end of the study period, 100% of the patients experienced improved breathing, and increased lung volume. Many patients had almost doubled the lung volume than their results prior to the micronutrient supplementation.